

Balloon Backdrop Checklist & Sizing Template

Use this checklist to plan your baby's first birthday balloon backdrop. Includes balloon counts, frame

1. Choose your backdrop type (garland, arch, wall, cloud, etc.).
2. Select color scheme (pastel, bold, theme-based).
3. Gather materials:
 - Balloons in varied sizes (5", 10", 18")
 - Balloon pump
 - Balloon tape or fishing line
 - Hooks, stands, or frame
 - Themed props or signage
4. Inflate balloons 1–2 hours before setup.
5. Build backdrop base and secure it firmly.
6. Fill gaps with mini balloons or accents.
7. Add props, foliage, or fabric elements.
8. Stage cake table and lighting for photos.
9. Keep small pieces away from children.
10. Allow at least 3–4 hours for full setup.

Suggested Backdrop Sizes

Small: 4ft wide x 6ft high (intimate indoor setup)

Medium: 6ft wide x 8ft high (typical cake table backdrop)

Large: 8ft wide x 10ft high (outdoor or feature wall)

Popular Color Combos

Pastel rainbow: Pink, peach, mint, lavender, baby blue

Classic boy: Navy, sky blue, white, silver

Classic girl: Blush, gold, ivory, rose gold

Neutral modern: Beige, cream, taupe, white

Tip: Air-filled balloons last longer indoors than helium-filled ones.